



EUROPEAN WEIGHTLIFTING  
FEDERATION

**2016 EWF European Weightlifting Championships  
&  
2016 Rio Olympic Qualification Event  
Forde, near Bergen, Norway**

**Provisional Competition & Television Transmission Timetable / 1**

All times listed below are local (Forde): = GMT + 2 hours

<b>Friday 08 April</b>	<b>First Official Training Day</b>
08.00 - 09.30	Congress Delegate Registration
09.30 - 13.00	Congress Part 1
13.00 - 14.00	Lunch
14.00 - 17.00	Congress Part 2
18.30 - 19.30	Final Verification: Team Manager's Meeting
<b>Saturday 09 April</b>	<b>Rehearsal Day</b>
09.30 - 12.30	EWF Inspection of Training & Competition Halls
12.30 - 13.30	Lunch
14.00 - 15.30	Technical Officials Briefing in Competition Hall
16.00 - 19.00	Television Rehearsal & full competition systems test
<b>Sunday 10 April</b>	<b>1<sup>st</sup> Competition Day</b>
10.00 - 11.30	Women 48kg 'B' Group (provisional timing)
11.30 - 13.00	Men 56kg 'B' Group (provisional timing)
13.00 - 14.00	Opening Ceremony Preparation
<b>14.00 - 14.30</b>	<b>Opening Ceremony</b>
<b>15.00 - 17.00</b>	<b>Televised Women's 48kg Women's 'A' Final (08 competitors)</b>
<b>18.00 - 20.00</b>	<b>Televised Men's 56kg Men's A Final (08 Competitors)</b>
<b>Monday 11 April</b>	<b>2<sup>nd</sup> Competition Day</b>
11.30 - 13.30	Women 53kg 'B' Group (provisional timing)
13.30 - 15.30	Men 62kg 'B' Group (provisional timing)
<b>16.30 - 18.30</b>	<b>Televised Women 53kg 'A' Final (08 competitors)</b>
<b>19.30 - 21.30</b>	<b>Televised Men's 62kg 'A' Final (08 competitors)</b>
<b>Tuesday 12 April</b>	<b>3<sup>rd</sup> Competition Day</b>
11.30 - 13.30	Women 58kg 'B' Group (provisional timing)
13.30 - 15.30	Men 69kg 'B' Group (provisional timing)
<b>16.30 - 18.30</b>	<b>Televised 58kg Women's A Final (08 competitors)</b>
<b>19.30 - 21.30</b>	<b>Televised 69kg Men's A Final (08 competitors)</b>
<b>Wednesday 13 April</b>	<b>4<sup>th</sup> Competition Day</b>
11.30 - 13.30	Women 63kg 'B' Group (provisional timing)
13.30 - 15.30	Men 77kg 'B' Group (provisional timing)
<b>16.30 - 18.30</b>	<b>Televised 63kg Women's A Final (08 competitors)</b>
<b>19.30 - 21.30</b>	<b>Televised 77kg Men's A Final (08 competitors)</b>
<b>Thursday 14 April</b>	<b>5<sup>th</sup> Competition Day</b>
11.30 - 13.30	Women 69kg 'B' Group (provisional timing)

13.30 - 15.30	Men 85kg 'B' Group	(provisional timing)
<b>16.30 - 18.30</b>	<b>Televised 69kg Women's A Final</b>	<b>(08 competitors)</b>
<b>19.30 - 21.30</b>	<b>Televised 85kg Men's A Final</b>	<b>(08 competitors)</b>
21.30 - 23.00	Men 94kg 'C' Group	(provisional timing)

**Friday 15 April**

10.00 - 11.30	Men 105kg 'C' Group	
11.30 - 13.30	Women 75kg & +75kg 'B' Group	(provisional timing)
13.30 - 15.30	Men 94kg 'B' Group	(provisional timing)
<b>16.30 - 18.30</b>	<b>Televised 75kg Women 'A' Final</b>	<b>(08 competitors)</b>
<b>19.30 - 21.30</b>	<b>Televised 94kg Men 'A' Final</b>	<b>(08 competitors)</b>
21.30 - 23.00	Men 105kg 'B' Group	(provisional timing)

**Saturday 16 April**

08.30 - 10.30	Men +105kg 'B' Group	
<b>11.30 - 13.30</b>	<b>Televised 105kg Men's 'A' Final</b>	<b>(08 competitors)</b>
<b>14.30 - 16.00</b>	<b>Televised +75kg Women's 'A' Final</b>	<b>(08 competitors)</b>
<b>17.00 - 19.00</b>	<b>Televised +105kg Men's A Final</b>	<b>(08 competitors)</b>
<b>20.00</b>	<b>Closing Ceremony</b>	